

1 OCTOBER

INTERNATIONAL DAY OF OLDER PERSONS

"I love living. I love that I'm alive to love my age."

- Maya Angelou -

WHY DO WE MARK THIS DAY?



October 1 is celebrated yearly as the International Day of Older Persons (IDOP) since 1990. It is expected that there will be an increase in the number of older persons over the next 30 years in all regions around the world. The IDOP celebrates older people and provides an opportunity for everyone to recognize the value and appreciate their contributions to society. The day seeks to spread awareness of the problems faced by the aging population and elevate consciousness to promote the development and welfare of older people.

QUESTIONS FOR DISCUSSION

- ✓ What are some of the opportunities and challenges associated with an ageing population?

- ✓ How does the International Day of Older Persons help to address those opportunities and challenges?

- ✓ Why does age discrimination exist?

MEET TODAY'S GLOBAL CITIZEN



WHO (WORLD HEALTH ORGANIZATION)

WHO has played a significant role celebrating and raising awareness of the public on the issue of ageing. Provision of adequate health provisions, holding discussions on the issues of ageing and ageing population, and social care as well as welfare have been addressed by WHO.