

19 AUGUST

WORLD HUMANITARIAN DAY

**"How do we change the world? One random act of kindness at a time."
- Morgan Freeman -**

WHY DO WE MARK THIS DAY?

"How do we change the world? One random act of kindness at a time."
-Morgan Freeman-



On August 19, 2003, a bomb attack on the Canal Hotel in Baghdad, Iraq, has killed 22 people, including the chief humanitarian in Iraq, Sergio Vieira de Mello. In 2009, the UNESCO General Assembly decided to declare this day as "World Humanitarian Day" in memory of the victims of the attack. This day recognizes the effort of people who have committed their lives to helping others.

Humanitarian people help others in the most difficult and extreme moments of people's lives, such as conflict, insecurity, health emergencies, and other harmful situations.

QUESTIONS FOR DISCUSSION

What are the characteristics of real-life heroes? How are they similar/different to heroes in we see in movies?

Do you know anyone who has dedicated his/her life in helping others? Give an example and describe what we can learn from him/her.

MEET TODAY'S GLOBAL CITIZENS



Umra Omar

Umra Omar is a humanitarian doctor who returned to her native country, Kenya to develop a medical project to support her community. She is the Founder and Executive Director of Safari Doctors, an initiative that provides free basic medical services for youth communities, health training, and civic engagement for women. She was named UN Person of the Year in 2017, along with the rest of the Safari Doctors team.



Fr. Tomás González Castillo

He is a Mexican and the founder of Refugio La 72. Castillo provides food, water, and shelter to migrants.

He has offered his help to more than 50,000 Central American immigrants on their journey to the United States.

He supports the most vulnerable, who suffer aggression, kidnapping, abuse, rape, and discrimination in this terrible journey.